

## Unit 14 : You Should play sport Vocabulary :

<b>word</b>	<b>Meaning</b>
Should	يجب
Shouldn't	لا يجب
tired	متعب
healthy	صحي
fizzy drinks	مشروبات غازية
health	صحة
important	مهم
fruit	فواكه
vegetables	خضروات
sleep	نوم
energy	طاقة
early	باكرا
so	لذلك
because	بسبب
ill	مريض
strong	قوي
muscles	عضلات
work hard	يعمل بجد
go to bed late	يذهب للنوم متأخرا
go to bed early	يذهب للنوم باكرا
do some exercise	يقوم ببعض التمارين
sleep all day	ينام طوال النوم
I have a lot of energy	لدي الكثير من الطاقة

## Grammar: should and shouldn't (for advice)

**should :** للنصيحة بفعل شيء ( يجب )

You should play sports. يجب ان تلعب الرياضة

**shouldn't :** للنصيحة بعدم فعل شيء ما ( لا يجب )

You shouldn't go to bed early. لا يجب ان تذهب الى النوم متأخرا

**subject + should or shouldn't + infinitive** فعل مجرد

You should drink water .

You shouldn't watch a lot of television .

- تذكر دائما عزيزي الطالب يأتي فعل مجرد بعد should and shouldn't
- نستخدم جميع الضمائر المفرد والجمع مع should and shouldn't

Exercise number one page 53 activity book :

Complete and match :

- 1-You should go to bed early .
- 2-You should eat a lot of salad and vegetables.
- 3-You shouldn't eat a lot of sweet things.
- 4-You shouldn't watch a lot of television.
- 5-You should play sports.
- 6-You shouldn't shout

Exercise number three page 54 activity book :

Read and circle :

- 1-we should help our parents. Yes
- 2-we should sleep all day. No
- 3-we should drink a lot of water. Yes
- 4-we should eat sweets and chocolate for breakfast. No
- 5-we should be kind to our friends . Yes

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# Quiz

أمتحان قصير على ما تم شرحه في السابق

Question number one : Complete the following sentences:

Go	water	healthy	have	fizzy drinks
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- 1-You shouldn't drink a lot of .....
- 2-I am ..... because I eat fruit and vegetables.
- 3-You shouldn't ..... to bed late .
- 4-You should ..... breakfast everyday .
- 5-You should drink .....

Question number two: Read and circle :

- 1-You should be friendly. Yes \No
- 2-You shouldn't eat fruit . Yes \No
- 3-You shouldn't hurt cats . Yes \No
- 4-You shouldn't play sports Yes \No
- 5-You should work hard Yes \No

Question number three: complete with should or shouldn't:

- 1-You ..... read the Quran every day.
- 2-You ..... play in the street.
- 3-You ..... smoke.
- 4-You ..... help your mum.
- 5-You ..... do your homework.

مدرسة صاحبة الحسين

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